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| **6/4 SUNDAY** | **6/5 MONDAY** | **6/6 TUESDAY** | **6/7 WEDNESDAY** | **6/8 THURSDAY** | **6/9 FRIDAY** | **6/10 SATURDAY** |
| **9:30-10:30 am**  **YOGA**  **w/ Julia**  **4:30-5:30 pm**  **PILATES w/ Lisa** | **7:45-8:15 am**  **CORE!**  **w/ Roarke**  **8:30 –9:30 am**  **CARDIO STRENGTH**  **w/ Roarke**  **10:00-11:00 am**  **GENTLE FITNESS**  **w/ Roarke**  **5:30-6:30 pm**  **ZUMBA**  **w/ Roarke**  **6:00-7:00**  **AQUA RELAXATION**  **w/ Mary Jane** | **8:30-9:30 am**  **WATER FITNESS**  **W/ Holly**  **8:30-9:30 am**  **PILATES w/Lisa**  **5:30-6:30 pm**  **CARDIO CORE COMBO**  w**/ Lisa Loomis**  **6:45-7:45 pm**  **YOGA**  **w/ Mindy Pistachio** | **7:45-8:15 am**  **CORE!**  **w/ Roarke**  **8:30-9:30 am**  **HEAT**  **w/ Roarke**  **10:00-11:00 am**  **GENTLE FITNESS**  **w/ Roarke**  **5:30-6:30 pm**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara**  **6:00-7:00**  **AQUA RELAXATION**  **w/ Mary Jane** | **8:30-9:30 am**  **WATER FITNESS**  **w/ Holly**  **8:30-9:30 am**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara**  **5:30-6:30 pm**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara** | **7:45-8:15am**  **CORE!**  **w/Roarke**  **8:30-9:30 am**  **Cardio mix**  **w/ Roarke**  **10:00-11:00 am**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara** | **8:00-9:30 am**  **YOGA w/ Charles** |
| **6/11 SUNDAY** | **6/12 MONDAY** | **6/13 TUESDAY** | **6/14 WEDNESDAY** | **6/15 THURSDAY** | **6/16 FRIDAY** | **6/17 SATURDAY** |
| **9:30-10:30 am**  **YOGA**  **w/ Julia**  **4:30-5:30 pm**  **PILATES w/ Lisa** | **7:45-8:15 am**  **CORE!**  **w/ Roarke**  **8:30 –9:30 am**  **STRENGTH BENEFITS**  **w/ Roarke**  **10:00-11:00 am**  **GENTLE FITNESS**  **w/ Roarke**  **5:30-6:30 pm**  **ZUMBA**  **w/ Roarke**  **6:00-7:00**  **AQUA RELAXATION**  **w/ Mary Jane** | **8:30-9:30 am**  **WATER FITNESS**  **W/ Holly**  **8:30-9:30 am**  **PILATES w/Lisa**  **5:30-6:30 pm**  **CARDIO CORE COMBO**  w**/ Lisa Loomis**  **6:45-7:45 pm**  **YOGA**  **w/ Mindy Pistachio** | **7:45-8:15 am**  **CORE!**  **w/ Roarke**  **8:30-9:30 am**  **HEAT**  **w/ Roarke**  **10:00-11:00 am**  **GENTLE FITNESS**  **w/ Roarke**  **5:30-6:30 pm**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara**  **6:00-7:00**  **AQUA RELAXATION**  **w/ Mary Jane** | **8:30-9:30 am**  **WATER FITNESS**  **w/ Holly**  **8:30-9:30 am**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara**  **5:30-6:30**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara** | **7:45-8:15am**  **CORE!**  **w/Roarke**  **8:30-9:30 am**  **ZUMBA**  **w/ Roarke**  **10:00-11:00**  **MEET ME AT THE**  **BARRE! PILATES**  **w/ Barbara** | **8:00-9:30 am**  **YOGA w/ Charles** |