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|  **6/4 SUNDAY** | **6/5 MONDAY** | **6/6 TUESDAY** | **6/7 WEDNESDAY** | **6/8 THURSDAY** | **6/9 FRIDAY** | **6/10 SATURDAY** |
| **9:30-10:30 am****YOGA****w/ Julia****4:30-5:30 pm****PILATESw/ Lisa** | **7:45-8:15 am****CORE!****w/ Roarke****8:30 –9:30 am****CARDIO STRENGTH****w/ Roarke****10:00-11:00 am****GENTLE FITNESS****w/ Roarke****5:30-6:30 pm****ZUMBA****w/ Roarke****6:00-7:00****AQUA RELAXATION****w/ Mary Jane** | **8:30-9:30 am****WATER FITNESS****W/ Holly****8:30-9:30 am****PILATESw/Lisa****5:30-6:30 pm****CARDIO CORE COMBO**w**/ Lisa Loomis****6:45-7:45 pm****YOGA****w/ Mindy Pistachio** | **7:45-8:15 am****CORE!** **w/ Roarke****8:30-9:30 am****HEAT** **w/ Roarke****10:00-11:00 am****GENTLE FITNESS****w/ Roarke****5:30-6:30 pm****MEET ME AT THE** **BARRE! PILATES****w/ Barbara****6:00-7:00****AQUA RELAXATION****w/ Mary Jane** | **8:30-9:30 am****WATER FITNESS****w/ Holly****8:30-9:30 am****MEET ME AT THE** **BARRE! PILATES****w/ Barbara****5:30-6:30 pm****MEET ME AT THE** **BARRE! PILATES****w/ Barbara** | **7:45-8:15am****CORE!****w/Roarke** **8:30-9:30 am****Cardio mix****w/ Roarke****10:00-11:00 am****MEET ME AT THE** **BARRE! PILATES****w/ Barbara** | **8:00-9:30 am****YOGA w/ Charles** |
| **6/11 SUNDAY** | **6/12 MONDAY** | **6/13 TUESDAY** |  **6/14 WEDNESDAY** | **6/15 THURSDAY** | **6/16 FRIDAY** | **6/17 SATURDAY** |
| **9:30-10:30 am****YOGA****w/ Julia****4:30-5:30 pm****PILATESw/ Lisa** | **7:45-8:15 am****CORE!****w/ Roarke****8:30 –9:30 am****STRENGTH BENEFITS****w/ Roarke****10:00-11:00 am****GENTLE FITNESS****w/ Roarke****5:30-6:30 pm****ZUMBA****w/ Roarke****6:00-7:00****AQUA RELAXATION** **w/ Mary Jane** | **8:30-9:30 am****WATER FITNESS****W/ Holly****8:30-9:30 am****PILATESw/Lisa****5:30-6:30 pm****CARDIO CORE COMBO**w**/ Lisa Loomis****6:45-7:45 pm****YOGA****w/ Mindy Pistachio** | **7:45-8:15 am****CORE!** **w/ Roarke****8:30-9:30 am****HEAT** **w/ Roarke****10:00-11:00 am****GENTLE FITNESS****w/ Roarke****5:30-6:30 pm****MEET ME AT THE** **BARRE! PILATES****w/ Barbara****6:00-7:00****AQUA RELAXATION****w/ Mary Jane** | **8:30-9:30 am****WATER FITNESS****w/ Holly****8:30-9:30 am****MEET ME AT THE** **BARRE! PILATES****w/ Barbara****5:30-6:30****MEET ME AT THE** **BARRE! PILATES****w/ Barbara** |  **7:45-8:15am****CORE!****w/Roarke** **8:30-9:30 am****ZUMBA****w/ Roarke****10:00-11:00****MEET ME AT THE** **BARRE! PILATES****w/ Barbara** | **8:00-9:30 am****YOGA w/ Charles** |